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## Executive Director News

By: Rae Ajayi

### Happy New Month Henley Place Families!!

There are so many new and exciting things happening here at Henley Place. Let's start with some new equipment. We recently purchased 12 new restorative feeding tables for our dining rooms. These tables will allow residents in wheel chairs to sit comfortably during meal service and allow residents to be as fully engaged and independent at meal time as possible. We have also purchased 6 new mesh bath chairs to improve our residents' spa experiences. In the next few months, we are also looking at purchasing a wheel chair accessible bike, new physiotherapy equipment, new furniture for our front lobby and lounge areas and a few more surprises.

I am also pleased to announce that Amie Young has returned from leave and is currently handling the first floor and the Harris unit. Amy McLean has also transitioned into the Director of Care role and the team is very excited. As you know, Amy has been with Henley Place for the last 6 month and has done a phenomenal job as Associate Director of Care (ADOC) and we are excited to see where her career goes with Primacare. Brianna Bennie has made the difficult decision to leave Henley Place. We wish her well in her future career. We are still activity recruiting an Environmental Services Manager and 2 more ADOCs.

Last week we celebrated our 3 Year CARF Accreditation with a staff appreciation BBQ, Carnival, and treats for our staff. It was a fun day for all involved and it was a privilege for the management team to serve our staff and appreciate all the hard work they do for our home and residents.



I hope you all have a fantastic summer and enjoy our outdoor spaces during the nice weather. As always, if you need anything please feel free to stop by my office for a visit at any time.

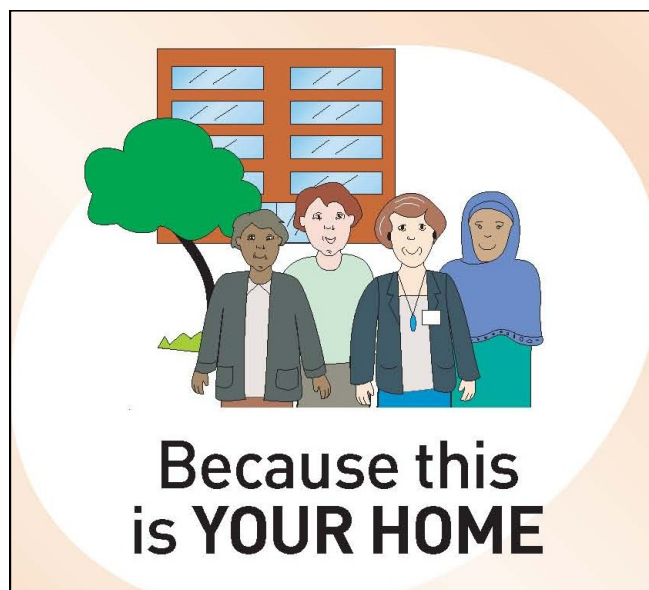
Rae Ajayi  
EXECUTIVE DIRECTOR

## RESIDENTS' BILL OF RIGHTS

Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

### RIGHT TO QUALITY CARE AND SELF-DETERMINATION

20. Every resident has a right to ongoing and safe support from their caregivers to support their physical, mental, social and emotional wellbeing and their quality of life and to assistance in contacting a caregiver or other person to support their needs.
21. Every resident has the right to have any friend, family member, caregiver or other person of importance to the resident attend any meeting with the licensee or the staff of the home.
22. Every resident has the right to designate a person to receive information concerning any transfer or any hospitalization of the resident and to have that person receive that information immediately.
23. Every resident has the right to receive care and assistance towards independence based on a restorative care philosophy to maximize independence to the greatest extent possible.
24. Every resident has the right not to be restrained, except in the limited circumstances provided for under this Act and subject to the requirements provided for under this Act.



## Life Enrichment News

By: **Melanie Spicer**

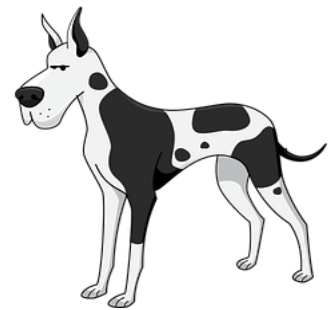
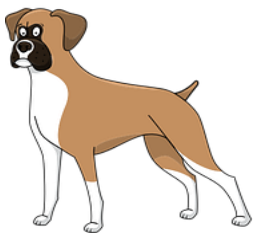
Thank you to everyone who brings in their furry friends to visit. We need to remember that some of our residents, staff and family are not always excited to see these pets so please keep your pet in your control at all times.

Just a reminder to bring in your pet's **proof of vaccines** and **proof of parasite treatment**.


Drop off info to Melanie Spicer – Life Enrichment Manager.

Or email at [mspicer@primacareliving.com](mailto:mspicer@primacareliving.com)

All our pet visitors are required to provide this information, including our pet therapy friends who visit us regularly. Be sure to say hi to Molly and Donna, Lynn and Kyla and Lynn and Emma when you see them in the halls. We are so grateful to have such great pet therapy teams in our home.



## Residents' Council News



Residents'  
Council

The next Residents' Council Meeting is **Aug. 13 at 2:00 pm** in the Celebration Room.  
All residents are encouraged to attend!!

## Henley Place Family Council

Our next meeting will be in person or virtual by email invite in September. Stayed tuned for more info and have a safe and happy summer!



## Resident Care Coordinator

By: Ashley Henry

Greetings from Henley Place!

Dear Residents, Families, and Staff,

As July approaches, we are excited to celebrate International Friendship Day here at Henley Place. This special occasion, observed globally on July 30th, is a wonderful opportunity to honor the meaningful connections and bonds of friendship that enrich our lives every day.

### Why Friendship Matters:

Friendship plays a vital role in our well-being, especially in a community like ours. It brings laughter, support, and a sense of belonging that enhances the quality of life for everyone. Whether it's sharing stories over meals, enjoying activities together, or simply sharing a smile, friendships at Henley Place are truly cherished.

### Celebrating Together

To mark International Friendship Day, we have planned some activities that celebrate the spirit of friendship:

- Friendship Bracelet Workshop: Join us for a creative session where residents can make friendship bracelets to exchange with each other or with their favorite staff members.

### Embracing Diversity

At Henley Place, we celebrate friendships that cross cultural boundaries and generations. International Friendship Day reminds us of the diversity within our community and the importance of fostering understanding and respect among all residents and staff.

### Thank You

We would like to extend our heartfelt thanks to everyone who contributes to the warmth and camaraderie at our home. Your friendships enrich our community and make Henley Place Long-Term Care Home a truly special place.

Join us in celebrating International Friendship Day. Let's come together to honor the bonds that make our community strong and vibrant.

## FAMILY COUNCIL WANTS YOU!

Hey families! Ever wondered what happens when we leave the Resident Care Coordinator to run the show? Chaos! That's why we need you at our Family Council meetings. We promise lively discussions, snacks, and the chance to vote on important decisions. Who knows, you might even get to boss us around a bit (don't worry, it's all in good fun)! Reach out to Ashley Henry if you're interested.

[ahenry@primacareliving.com](mailto:ahenry@primacareliving.com)



## Pastoral Message

By : David Waldner, Chaplain



What's New under the Sun?

July will be the month when I have more and more opportunity to see family and venture further from home. July has traditionally been the month for all of us to enjoy more and more locally grown fruits and vegetables. I wait with great expectation to purchase a basket of locally grown blueberries, raspberries, and early baby potatoes at a farmer's market. There seems to be something new each week under the warm July sun.

How I wish that I could come at life with such anticipation and hope all year long but, for most of us, the words from Ecclesiastes 2:9 summarizes our world-weary perception – “What has been is what will be, and what has been done is what will be done. There is nothing new under the sun.”

That's just the way it feels much of the time. We plough through the same daily demands at work and at home. We cycle through the same conversations on Zoom or with spouses and children. Nothing ever really gets finished; nothing is ever settled, nothing will ever be just right. We get up the next day and do it all over again.

We long for those signs that break the monotony and bring joy in our season of drudgery: vacations, trips, weddings and other gatherings. In the midst of a life that seems rife with monotony and disappointments and even sorrow, out of the corners of our eyes we can see small glimmers of hope, of God's grace. When least expected comes a new outlook, a reunion with a friend, a welcome home of a once distant family member. These can be moments when the light breaks through the darkness. Much of the time we often catch only a glimmer here and there of the brilliance of God's love as we struggle through the demands life. But we see moments of joy as what they are, as small pinpricks of light in the veil. We live not in despair but live in the hope of the day when God's light will shine brilliantly on all that God has made.

The New Testament says, “[God] said to me, ‘My grace is sufficient for you, for my power is perfected in weakness.’ Therefore I will boast all the more gladly in my weaknesses, so that the power of God may rest on me.... For when I am weak, then I am strong.”

For now, enjoy these days of summer. Let's look forward to the next glimmer of grace and where it may take us by surprise. And when that moment is over, let's look forward to what comes next.





## Happy Birthday to everyone celebrating this month!

### Fun Facts about July



#### Birthstone – Ruby

The red ruby is considered one of four precious gemstones along with the sapphire, emerald, and diamond. Its brilliance has been treasured for centuries, and natural rubies are even rarer than diamonds. The ruby hails from Asia and is most frequently found in Myanmar, Afghanistan, Cambodia, Thailand, and Sri Lanka. Given as a gift, the ruby is a symbol of friendship and lasting love, as well as devotion and integrity. Appropriately, the ruby is the gemstone for the 15th and 40th wedding anniversaries.

#### Flower – Larkspur

Larkspur is a member of the delphinium family. There are many varieties of larkspur, and they can range in height from one to seven feet. Larkspur has petals that grow together forming a spur at the end, thus the name. When in bloom, these flower spikes are lovely in the garden, and they look splendid in a vase, too. Colours include light and dark pink, blue, rose, lavender, and white. The flowers symbolize an open heart and a passionate attachment. They also convey a feeling of lightness or levity.

### Some famous people born during the month of July include:

- Carl Lewis (track star) – July 1, 1961
- Ann Landers (advice columnist) – July 4, 1918
- Michelle Kwan (ice skater) – July 7, 1980
- Ed Ames (singer) – July 9, 1927
- E. B. White (author) – July 11, 1899
- Ginger Rogers (actress) – July 16, 1911
- John Glenn (astronaut) – July 18, 1921
- Ernest Hemingway (writer) – July 21, 1899
- Don Drysdale (ballplayer) – July 23, 1936
- Mick Jagger (singer) – July 26, 1943
- Beatrix Potter (author) – July 28, 1866
- J. K. Rowling (author) – July 31, 1965



### Happy Birthday to our residents celebrating this month:

Larry D- Jul 5	Hugh M- Jul 7	Pat M- Jul 8	Peter M- Jul 8
Joyce M- Jul 9	Leah F- Jul 18	Gene W- Jul 18	George W- Jul 18
Shirley A- Jul 20	Judy H- Jul 20	Jim S- Jul 20	Gord F- Jul 21
Barb P- Jul 23	Neeta M- Jul 24	Ruth H- Jul 25	Maryann N- Jul 29
	Alice A- Jul 29		

## PEOPLE PLACES & EVENTS



Happy Canada Day



Omni Games



Strawberry Social



Happy Canada Day



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London, ON  
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